

Recommended Varieties:

Head Type:

- Great Lakes
- Boxhill

Leafy Type:

- Green Mignonette
- Butter crunch
- Coral Lettuce
- Rapid

Seed Rate:

300grams/ha

Planting Time:

Head Type:

March to October

Leafy type:

All year round.

Spacing:

Between rows: 75cm

Plants within rows: 30-40 cm

Germination: 5 to 8 days after sowing.

Raised the seedlings in seed trays/seed bed and transplant at 3 to 4 leaf stage.

Seedlings raised in seed trays can be



planted any time of the day

Fertilizer:

- Poultry Manure:* 5 tonnes/ha. Broadcast and mix well with soil 2 weeks before planting.
- NPK:* 13:13:21 200kg/ha Basal application at planting
- Urea:* 100kg/ha. Top dress 2 & 4 weeks after planting.

Soil analysis should be done before fertilizer application.

Weed Control/ Management:

Manual weed control using hoe.

Inter row cultivation.

Disease Control/Management:

Soft Rot: Practice crop rotation Benomyl @11g/16L water. Avoid planting with high density.

Downey Mildew:

Light green to yellow spots on the upper leaf, Later turns brown, soft and limy.

- Practice crop rotation.
- Remove all left over crops after harvesting. Use Sundomil @ 53g/16L of water.

Use Kocide @ 32g/16L Water to prevent fungal infections.

Insect Control/ Management:

Thrips: Apply Confidor @8mls/16L water Or *Suncloprid* @ 4-8ml/15L water or *Bifenthrin* @ 14-18mls/15L of Water.

Cutworms Caterpillar:

Apply Malathion @ 45ml/16L of Water.

Slugs: Keep surrounding clean, spread around Blitzem pellet as per instructions on the label.

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Harvest Yield/Food Value:

Leafy Lettuce matures in 50-80 days.

Head Type matures in 12-15weeks.

Yield:

8 -10 tonnes/ha.

Food Value:

Dietary Fibre, Source of Vitamin A, Vitamin B and C





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