1. Varieties
   - Contender
   - Butter Bean
   - Labrador

2. Yield
   A good crop of French bean will normally yield about 7 to 10 tonnes per hectare.

3. When to Plant
   French beans can be grown all year round. However, best results are obtained during cooler months. For year round supply, plant a small patch every 3 to 4 weeks.

4. Seed Rate
   - 45 to 50 kg of seed will be required to plant one hectare of French bean.
   - Seeds are available from commercial seed suppliers

5. Spacing
   - French bean is planted 50 cm between rows and 15 to 20 cm within rows. This will give a total of 100,000 plants per hectare.

6. Land Preparation
   - Two ploughing and two harrowing is recommended for good soil tilth.

7. How to Plant
   - French beans are directly sown into the well prepared plots. Irrigation is required in dry weather.

8. Fertilizer
   - 10 tonnes per hectare of Poultry Manure should be incorporated in the soil 2 weeks before planting.
   - 200 kg/ha of NPK (13:13:21) should be applied before planting as basal application
   - 100 kg/ha of Urea should be applied in two split applications of 50 kg/ha each at 2 weeks and 4 weeks after planting.

9. Weed Control
   - Hand weed or hoe when necessary and apply weedicide Fusilade 45mls in 15 litres of water and spray at 4 to 5 leaf stage of weeds.
   - Do interrow cultivation and mulching. To get quality produce the crop should be weed free at all times.

10. Pest Control
    - Aphids
      - Apply Dimethioate at 15 ml/15 L of water (Sold as Rogor)

11. Disease Control
    I) Powdery Mildew
      - Apply Benomyl at 10g/15L of water. (Sold as Benlate) or Copper Oxychloride at 60g/15L of water (Sold as KOPI)
      - Plough plant remains after harvest and rotate with mildew resistant vegetables like cabbage, tomato and eggplant.
    II) Rust, Root Stem Rot and Angular Leaf Spot
      - Apply Benomyl at 10g/15L of water. (Sold as Benlate) or Mancozeb 50gms in 15 litres of water or use Kocide at 30g/15L of water to prevent fungal infections

12. Harvesting
    - French beans are ready for harvest at 42 to 56 days after planting and should continue for a month. Harvest frequently while the pods are tender. Store the harvested produce in shade to maintain the quality.
13. Returns
One hectare of French bean if sold at $1.00 to $2.00/kg will fetch an income return of $10,000.00 to $20,000.00. The cost to produce 1kg of French bean is about $0.16 to $0.22.

14. Food Value
Source of dietary fibre, Vitamin C, Folate and Vitamin A.